

Teamwork Album (M015) Instructions

Language Development, Vocabulary and Movement

Teamwork

Kids (and teachers!) hold hands, in a line (or lines, according to your space). You can march in place and sing along. Or on "right", step forward in time to the music ("right" = 1, 2, 3, 4). "Fight" = 1, 2, 3, 4, stepping backwards (you could use this for the "Teamwork" chorus only). Still holding hands, raise arms up above heads ("when you're reaching for a star" and for "gotta get over the bar"). Still holding hands, shrug shoulders—"when you feel a little alone. Teamwork—marching in place and sing along. "Let's work together..."—nodding. Holding hands (build a bridge!), smiling—"so we feel really grand". "Grin"—grin! "Win"—hands up above our heads again. Sing "Teamwork", march in place...yeah—thrust (clasped) hands up into the air.

Pick up Sticks (2 versions)

Get out your clave's or music sticks and tap out in time to the music. Patterns of three as you hear in the song are particularly apropos or you can also just tap along in time to the music. Practice and learn Samoan words for version 1 or Maori words for version 2.

Supposin'

Have a go. Sing along or just listen. Also a good theme for discussion! Have courage to meet others and talk to them. Take a chance...make a friend. Time to shake hands or have a hug! It's contagious...then You too will find a happy end.

Looking in a Mirror

This song can be done in front of a big mirror. Or you can use a small hand held mirror and pass it around. Make different expressions as the words indicate, smile. Hold up right hand, see how different the reflection looks. Hold up left hand, look. Notice how it looks opposite...a mirror image! Looking in a mirror...an intrinsic experience!

A Beautiful Thing

Listen to the song & learn Maori phrases. Discuss the themes--cultural, conservational.

Please and Thank You

Learn to say (and sing!) "Please" and "Thank You" in four different languages. Encourages use of these important courtesies! Clap your hands in time to the music!

Everyone of Us Counts

Simple counting, Languages

Choruses: Sing along to simple counting in four different languages, then fall on the floor.

Verses: Stand up, everyone says, "Everyone of us counts" at the end of each verse

There's also some turning around, clapping, tapping and nodding to be done.

Lemon Honey

Relax, listen and be soothed...

Times of our Lives

Listen to the time(s) passing by....

Solar Systems

Let's learn about stars and planets and get more curious about them. What is a telescope? Look up high for your inspiration!

Jump up & Down

Chorus: Jump up and down....With your hands above your heads (arms outstretched), reaching for the sky, do just that. Verse 1: "When touching air..."—wiggle/wave your fingers, look up, then jump up with hands above heads "with all your might". Verse 2: "When reaching up..."—wiggle/wave your fingers. Verse 3: Why do you come down—gravity...connects with solar system/space theme, jump up and down. Verse 4: Big Jump up and down! Bend your knees like a bow, jump up and down, put on a show. Jump up and down! (with hands, arms outstretched, above heads). You can do all this as one jump, pause, for each line or more continuous jumping in time to the music.

Concentration

Verse 1: Stand in place and nod, try to wink...march in place and blink. Chorus: Listen to the words! Think. Pay attention! Cheer and Clap your hands above your head, then clasp your hands above your head for a champion's shake (can also be done with neighbours hands). Verse 2: Walk and talk in place, look down, look up, stretch your arms out above your head. Verse 3: Hold hands out, look at one then the other, shrug. Verse 4: Clap your hands and cheer! Think. Verse 5: As for Verse 1.

You're the Greatest (in the World)

Sing this song to each other...eye contact, smile! It's complimentary and complementary! You're the Greatest!

Forever is Now

Live it up!

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